Patient/Physician Matching System
• Instructions At a Glance •

If you are unable to find a physician through the Certified Physician Locator, you may place yourself on the NAABT Patient/Physician Matching System. Here's a quick look how. For in-depth, visually aided instructions, please see the inside of this brochure.

1. Go to http://naabt.org/
2. Click Patient/ Doctor Connection
3. Click Patient/Physician Matching System
4. Click Register
5. Answer the 15-question Patient Application Form. Click Submit Application
6. You will receive an automated email to confirm your registration and provide you with your NAABT ID#.
7. When you are selected by a physician in your area, you will receive an email instructing you to call his/her office to discuss the possibility of treatment.

If you have not been contacted within two weeks, you will receive a renewal email. It will require you to log in and renew your application. (This process takes less than one minute.)

When contacted by a physician, you will automatically be removed from the list, but your registration information will still be valid. If you do not receive treatment from that physician, you can login and put yourself back on the list so that another physician can contact you. (Again, less than one minute.)

• Key Concepts •

These key concepts will help in the understanding of why buprenorphine is so different than other treatment medications and other opioids.

1. An *agonist* is a drug that activates certain receptors in the brain. Full agonist opioids activate the opioid receptors in the brain fully resulting in the full opioid effect. Examples of full agonists are heroin, oxycodone, methadone, hydrocodone, morphine, opium and others.[2]
2. An *antagonist* is a drug that blocks opioids by attaching to the opioid receptors without activating them. Antagonists cause no opioid effect and block full agonist opioids. Examples are naltrexone and naloxone. Naloxone is sometimes used to reverse a heroin overdose.[2]

Buprenorphine is a ***partial* agonist**, it has properties of *full agonists* ***and*** *antagonists*. It both activates the opioid receptors in the brain, but to a lesser degree; and blocks other opioids, while allowing for some opioid effect of its own to suppress withdrawal symptoms and cravings. Partial agonists also exhibit a ceiling effect; beyond a certain dose no further effects are felt.[3]

The National Alliance of Advocates for Buprenorphine Treatment (NAABT) is a non-profit organization with the mission to:

- *Educate the public about the disease of opioid addiction and the Buprenorphine treatment option.*
- *Help reduce the stigma and discrimination associated with patients with addiction disorders.*
- *Serve as a conduit connecting patients in need of treatment to qualified treatment providers.*

Our website offers educational resources such as FAQ, patient stories, discussion boards, clinical references, downloadable literature, useful links and more.

THE NATIONAL ALLIANCE OF ADVOCATES FOR BUPRENORPHINE TREATMENT
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Tel: 860.269.4390 • Fax: 860.269.4391 • email: MakeContact@naabt.org
naabt.org

Terms: These terms are in addition to the terms listed for our entire site. • Intended for US residents 18 years old or older. naabt.org acts only as an optional and additional tool to help connect individuals in need of Buprenorphine treatment to appropriate Buprenorphine treatment providers. Do not rely on it for your only path to healthcare. If you need immediate attention go to an emergency room, call 911, or seek immediate healthcare from a qualified healthcare provider. NAABT, Inc. serves to assist people in finding Buprenorphine treatment providers only, like that of a search engine or phone book. The service is free and voluntary, and comes with no warranty or guarantee, or cost for using the service. Please read all NAABT, Inc., terms at: http://naabt.org/terms.cfm

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Buprenorphine Patient/Physician Matching System Instructions

THE NATIONAL ALLIANCE OF ADVOCATES FOR BUPRENORPHINE TREATMENT

It is estimated that over 4 million Americans are currently addicted to the highly addictive drugs and medications called opioids. Examples of opioids are heroin and prescription painkillers such as hydrocodone, oxycodone, and methadone (also used as replacement therapy to treat opioid addiction). For over 50 years opioid addiction has been recognized as a medical condition.

Buprenorphine is an opioid medication used to treat opioid addiction in the privacy of a physician's office.[1] Buprenorphine can be dispensed for take-home use, by prescription.[1] This, in addition to buprenorphine's pharmacological and safety profile, makes it an attractive treatment for patients addicted to opioids.[2]

Buprenorphine is different from other opioids in that it is a **partial opioid agonist***[3]. This property of buprenorphine may allow for:

- Less euphoria and physical dependence.**[3]
- Lower potential for misuse.**[3]
- A ceiling on opioid effects.**[3]
- Relatively mild withdrawal profile.**[3]

*See Back Panel for further explanation of agonist and antagonist
**When compared with full opioid agonists (i.e. oxycodone and heroin)[1]

At the appropriate dose buprenorphine treatment may:

- Suppress symptoms of opioid withdrawal.[2]
- Reduce illicit opioid use.[2]
- Block the effects of other opioids.[2]
- Help patients stay in treatment.[2]

1 ***U.S. Food and Drug Administration****, FDA Talk Paper, T0238, October 8, 2002, Subutex and Suboxone approved to treat opiate dependence.*

2 ***Center for Substance Abuse Treatment****. Clinical Guidelines for the Use of Buprenorphine in the Treatment of Opioid Addiction. Treatment Improvement Protocol (TIP) Series 40. DHHS Publication No. (SMA) 04-3939. Rockville, Md: Substance Abuse and Mental Health Services Administration, 2004.*

3 ***Walsh SL, Eissenberg T.*** *The clinical pharmacology of buprenorphine: extrapolating from the laboratory to the clinic. Drug Alcohol Depend. 2003;70(suppl 2):S13-S27.*

• DATA2000 • In 2000 the law was changed to allow physicians to *prescribe* certain medications for the office-based treatment of opioid addiction. Until this law, a patient's choices were mainly limited to methadone clinics, hospitals or inpatient rehabilitation facilities. The same law, DATA2000, also requires physicians to become certified to prescribe and limits them to treat only 30 patients at any one time. Decreased treatment availability, inadequate treatment durations, and diversion are suspected unintentional consequences of the 30-patient constraint. This unusual practice of rationing treatment is expected to change, but as of the date of this brochure, 5/2006, it has not.

• SAMHSA • The Substance Abuse and Mental Health Services Administration (SAMHSA) created an online list of certified physicians. Not all certified physicians opt to be on the list, and many who do already have full patient loads. This results in potential patients making many phone calls searching for openings often only to learn that the physician is already at the 30-patient limit.

To view the list of certified physicians see: http://naabt.org/patient_dr_connection.cfm

Less than 2% of the physicians in the United States have become certified. Such a shortage of treating physicians creates long waiting lists – some over 300 patients. Patients may wait on a physician's list for more than a year, while unknowingly, a newly certified physician, not yet on the list, may have treatment openings. Connecting appropriate patients to certified physicians with openings has become a time-consuming task for both patient and physician, until now.

How to Locate a Certified Physician

1. ***Ask*** **your physician if he/she is certified or is willing to become certified. Certification information can be found at naabt.org**
2. ***Call*** **a certified physician found on the Patient/Doctor Connection at naabt.org**
3. ***Check*** **for Buprenorphine clinical studies in your area: ClinicalTrials.gov**
4. ***Register*** **on the NAABT Patient/Physician Matching System at naabt.org**

NAABT has developed a centralized online matching system that efficiently connects potential patients to certified physicians with treatment openings. Participating physicians can email patients from this list as soon as they have or anticipate openings. This eliminates the need for daily calls to multiple physicians hoping to get an appointment. A counselor or advocate can submit an application on behalf of a patient who may not have computer access.

The registration process can be completed in less than 3 minutes. It consists of 15 easy-to-answer questions. Certified physicians will use this information to help match patients with his or her individual expertise and level of experience.

The patient list and all information is completely confidential. The patient will never be asked for his/her name, address or telephone number. The email address requested will be immediately converted into a NAABT ID#. This becomes the only contact information anyone will see.

• Troubleshooting • If you cannot find the screen with the Matching System button, it may be due to your security settings. If your settings have been changed from the factory default, you may have to edit them to allow access to parts of our site. NAABT.org uses JavaScript and Cookies to provide certain features to its users. In order to ensure the tools we've created work properly, you need to have JavaScript and Cookies enabled. To be sure you have the proper settings click on the link at the bottom of the naabt.org homepage Change Default Zip Code and follow the instructions.

1 • Find a Certified Physician •

www.naabt.org

Patient/ Doctor Connection

Find a Certified Physician

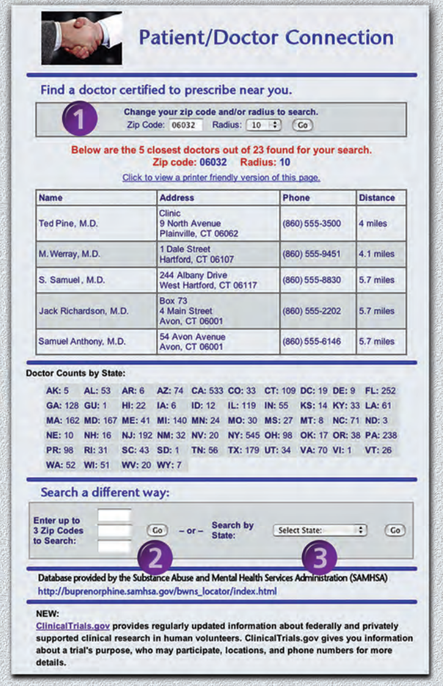
Certified Buprenorphine treatment physicians can opt to be included on a National list available to the public. This list originates at The US Department of Health and Human Services, Substance Abuse and Mental Health Services Administration, Center for Substance Abuse Treatment – HHS, SAMHSA, CSAT. NAABT downloads this public data daily and uses it in the 'Patient/Doctor Connection' search engine.

The NAABT Patient/Doctor Connection offers three ways to conduct a search for a certified physician.

1. Select a distance radius from a particular zip code.
2. All physicians in up to three different zip codes.
3. All physicians in an entire state.

A printer-friendly version of the list is helpful for making notes when calling physicians.

The *Doctor Count by State* shows the total number of certified physicians in each state.



Patient/Doctor Connection

Find a doctor certified to prescribe near you.

1 Change your zip code and/or radius to search.
Zip Code: 06032 Radius: 10 Go

Below are the 5 closest doctors out of 23 found for your search.
Zip code: 06032 Radius: 10

Click to view a printer friendly version of this page.

Name	Address	Phone	Distance
Ted Pine, M.D.	Clinic 9 North Avenue Plainville, CT 06062	(860) 555-3500	4 miles
M. Werray, M.D.	1 Dale Street Hartford, CT 06107	(860) 555-9451	4.1 miles
S. Samuel , M.D.	244 Albany Drive West Hartford, CT 06117	(860) 555-8830	5.7 miles
Jack Richardson, M.D.	Box 73 4 Main Street Avon, CT 06001	(860) 555-2202	5.7 miles
Samuel Anthony, M.D.	54 Avon Avenue Avon, CT 06001	(860) 555-6146	5.7 miles

Doctor Counts by State:

AK: 5 AL: 53 AR: 6 AZ: 74 CA: 533 CO: 33 CT: 109 DC: 19 DE: 9 FL: 252
GA: 128 GU: 1 HI: 22 IA: 6 ID: 12 IL: 119 IN: 55 KS: 14 KY: 33 LA: 61
MA: 162 MD: 167 ME: 41 MI: 140 MN: 24 MO: 30 MS: 27 MT: 8 NC: 71 ND: 3
NE: 10 NH: 16 NJ: 192 NM: 32 NV: 20 NY: 545 OH: 98 OK: 17 OR: 38 PA: 238
PR: 98 RI: 31 SC: 43 SD: 1 TN: 56 TX: 179 UT: 34 VA: 70 VI: 1 VT: 26
WA: 52 WI: 51 WV: 20 WY: 7

Search a different way:

Enter up to 3 Zip Codes to Search: Go – or – Search by State: Select State: Go

2 3

Database provided by the Substance Abuse and Mental Health Services Administration (SAMHSA)
http://buprenorphine.samhsa.gov/bwns_locator/index.html

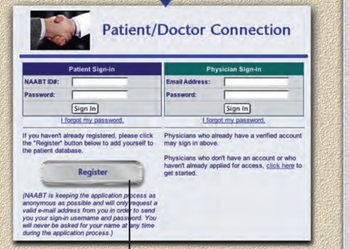
NEW:
ClinicalTrials.gov provides regularly updated information about federally and privately supported clinical research in human volunteers. ClinicalTrials.gov gives you information about a trial's purpose, who may participate, locations, and phone numbers for more details.

2 • Patient/Physician Matching System •

If you are unable to find a physician with the *Find a Certified Physician* method, then you may utilize the Patient/Physician Matching System.

Click on Patient/Physician Matching System.

Patient/Physician Matching System



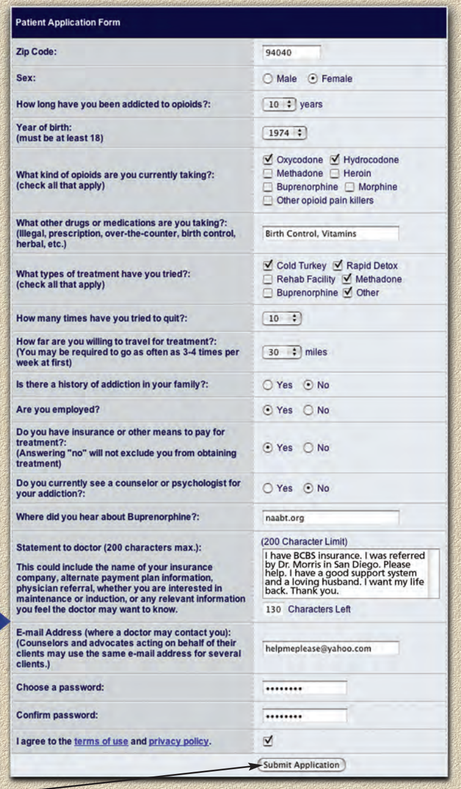
Register

Click on 'Register'. This brings up the 15-question registration form. These questions are used by physicians to help them match patients with his/her individual expertise and level of experience.

Click on 'Submit Application'.

Submit Application

• Patient Application Form •



Patient Application Form

Zip Code: 94040

Sex: ○ Male ◉ Female

How long have you been addicted to opioids?: 10 years

Year of birth: (must be at least 18): 1974

What kind of opioids are you currently taking?: (check all that apply)
☑ Oxycodone ☑ Hydrocodone
☐ Methadone ☐ Heroin
☐ Buprenorphine ☐ Morphine
☐ Other opioid pain killers

What other drugs or medications are you taking?: (Illegal, prescription, over-the-counter, birth control, herbal, etc.): Birth Control, Vitamins

What types of treatment have you tried?: (check all that apply)
☑ Cold Turkey ☑ Rapid Detox
☐ Rehab Facility ☑ Methadone
☐ Buprenorphine ☑ Other

How many times have you tried to quit?: 10

How far are you willing to travel for treatment?: (You may be required to go as often as 3-4 times per week at first): 30 miles

Is there a history of addiction in your family?: ○ Yes ◉ No

Are you employed?: ◉ Yes ○ No

Do you have insurance or other means to pay for treatment?: (Answering "no" will not exclude you from obtaining treatment): ◉ Yes ○ No

Do you currently see a counselor or psychologist for your addiction?: ○ Yes ◉ No

Where did you hear about Buprenorphine?: naabt.org

Statement to doctor (200 characters max.): (200 Character Limit)
This could include the name of your insurance company, alternate payment plan information, physician referral, whether you are interested in maintenance or induction, or any relevant information you feel the doctor may want to know.
I have BCBS insurance. I was referred by Dr. Morris in San Diego. Please help. I have a good support system and a loving husband. I want my life back. Thank you.
130 Characters Left

E-mail Address (where a doctor may contact you): (Counselors and advocates acting on behalf of their clients may use the same e-mail address for several clients.): helpmeplease@yahoo.com

Choose a password: ••••••••

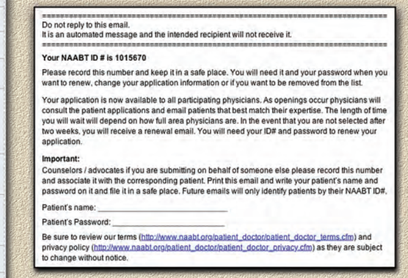
Confirm password: ••••••••

I agree to the terms of use and privacy policy. ☑

Submit Application

Shortly after the application is submitted, a confirmation email will arrive from NAABT with your NAABT ID#. Please record this number and keep it in a safe place as it is needed, along with your password, to access your account.

• Confirmation email •



==========
Do not reply to this email.
It is an automated message and the intended recipient will not receive it.
==========

Your NAABT ID # is 1015670

Please record this number and keep it in a safe place. You will need it and your password when you want to renew, change your application information or if you want to be removed from the list.

Your application is now available to all participating physicians. As openings occur physicians will consult the patient applications and email patients that best match their expertise. The length of time you will wait will depend on how full area physicians are. In the event that you are not selected after two weeks, you will receive a renewal email. You will need your ID# and password to renew your application.

Important:
Counselors / advocates if you are submitting on behalf of someone else please record this number and associate it with the corresponding patient. Print this email and write your patient's name and password on it and file it in a safe place. Future emails will only identify patients by their NAABT ID#.

Patient's name: _____

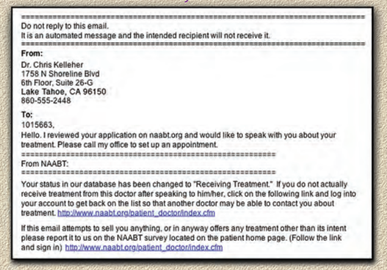
Patient's Password: _____

Be sure to review our terms (http://www.naabt.org/patient_doctor/patient_doctor_terms.cfm) and privacy policy (http://www.naabt.org/patient_doctor/patient_doctor_privacy.cfm) as they are subject to change without notice.

When selected by a physician, you will receive an email instructing you to contact his/her office. This simultaneously removes you from the system. Your application will still be valid but no longer visible to physicians.

If treatment is not received from that physician, your application can be reactivated by logging on with your NAABT ID# and password.

• Contact my office email •



==========
Do not reply to this email.
It is an automated message and the intended recipient will not receive it.
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From:
Dr. Chris Kelleher
1758 N Shoreline Blvd
6th Floor, Suite 26-G
Lake Tahoe, CA 96150
860-555-2448

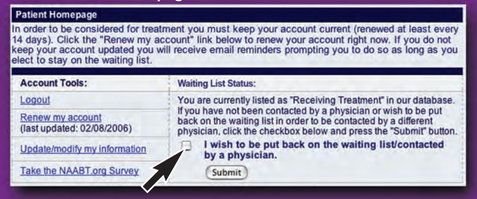
To:
1015663,
Hello. I reviewed your application on naabt.org and would like to speak with you about your treatment. Please call my office to set up an appointment.
==========
From NAABT:
==========
Your status in our database has been changed to "Receiving Treatment." If you do not actually receive treatment from this doctor after speaking to him/her, click on the following link and log into your account to get back on the list so that another doctor may be able to contact you about treatment. http://www.naabt.org/patient_doctor/index.cfm

If this email attempts to sell you anything, or in anyway offers any treatment other than its intent please report it to us on the NAABT survey located on the patient home page. (Follow the link and sign in) http://www.naabt.org/patient_doctor/index.cfm

• Utilities •

Enter your NAABT ID# and password. Click on 'Sign In'.

• Patient Homepage: Place Yourself Back on the List •



Patient Homepage

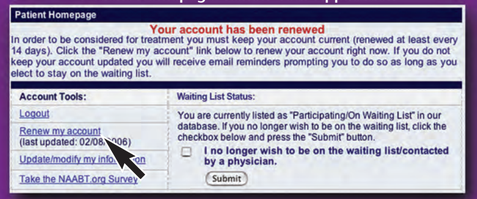
In order to be considered for treatment you must keep your account current (renewed at least every 14 days). Click the "Renew my account" link below to renew your account right now. If you do not keep your account updated you will receive email reminders prompting you to do so as long as you elect to stay on the waiting list.

Account Tools:
Logout
Renew my account (last updated: 02/08/2006)
Update/modify my information
Take the NAABT.org Survey

Waiting List Status:
You are currently listed as "Receiving Treatment" in our database. If you have not been contacted by a physician or wish to be put back on the waiting list in order to be contacted by a different physician, click the checkbox below and press the "Submit" button.
☐ I wish to be put back on the waiting list/contacted by a physician.
Submit

If you have not been contacted by a physician within two weeks, you will receive an email with instructions to renew your application. (A quick, one-minute process that also ensures a current list.)

• Patient Homepage: Renew Your Application •



Patient Homepage

Your account has been renewed

In order to be considered for treatment you must keep your account current (renewed at least every 14 days). Click the "Renew my account" link below to renew your account right now. If you do not keep your account updated you will receive email reminders prompting you to do so as long as you elect to stay on the waiting list.

Account Tools:
Logout
Renew my account (last updated: 02/08/2006)
Update/modify my information
Take the NAABT.org Survey

Waiting List Status:
You are currently listed as "Participating/On Waiting List" in our database. If you no longer wish to be on the waiting list, click the checkbox below and press the "Submit" button.
☐ I no longer wish to be on the waiting list/contacted by a physician.
Submit

Renew my Account

For convenience, you can update at any time – even prior to receiving the renewal email. This will ensure no "off-list" time.

Take the NAABT Survey

Please help us improve by answering some questions. Report on any misuses of the system.

Update my Information

You may change your answers if circumstances change.

Log Out

Signs you out of your account.

- If you lose your password, click **I forgot my password**, enter your NAABT ID#, and it will be emailed to you.
- A lost ID# cannot be retrieved. You would need to re-register and obtain a new NAABT ID#.
- To remove yourself from the list; check 'I no longer wish to be on the waiting list…' on the patient homepage.